



## 24/7/365 ENGAGE PROGRAM

Family & Employee Support Program (F&ESP)

There are times in our professional lives that challenges at work or at home can impact on our health and well-being. Amovita Consulting offers a Family & Employee Support Program (F&ESP) that benefits your team and you as the employer. By creating a positive partnership with your workplace we ensure that your employees remain strong, stable and focused in their role, therefore your workforce remains strong and productive.

Amovita's **ENGAGE PROGRAM** provides the necessary professional support during these times. It ensures that your workforce has access to an integrated program to assist during challenging times therefore reducing lost work productivity. Amovita Consultants like to engage with employees at a pro-active stage instead of the restorative stage where possible.

Our F&ESP offers your workplace a fully integrated approach unique to Amovita Consulting

- **24/7/365** service including in person, phone and e-communication mediums
- Highly specialist professionals – social workers, counsellors & psychologists
- Our specialists have an array of therapeutic approaches & models
- Manager, workplace or self-referral
- A package of F&ESP hours or the option of a selected number of support sessions
- A customised program specifically designed to meet your workplace needs
- Culturally appropriate support
- Informative & skills based program
- Manager support service **24/7/365**
- Quarterly reports
- Critical incident support when you need it the most



AMOVITA'S INTEGRATED PROGRAM

- The Engage Program is fully integrated linking employees with other services:
- Our legal service
  - Financial Planner
  - Health and well-being coach
  - Nutritionist
  - Massage Therapist
  - Child & Adolescent Development Psychologist

**Amovita provides F&ESP across a number of personal and workplace challenges including:**

- Interpersonal & workplace conflict
- Skills to handle workplace stress
- Work and life based balance and career planning
- Working through life and workplace change
- Dealing with relationship breakdown & divorce
- Returning to work after injury
- Relationship skill development
- Grief, depression, anxiety & health concerns

**When you ENGAGE Amovita for your F&ESP we provide you with**

- Posters for your workplace
- Flyers
- Brochures
- Contact Cards
- Regular reports on key workforce stats in relation to your F&ESP

**Our F&ESP is available via:**



- In house contact



- In person



- Email



- Phone and mobile,  
Telephone group support



- E-communications, rural  
and remote support



- Lunchbox discussions

**CONNECT, SUPPORT, EDUCATE,  
EVALUATE**

Evaluate your  
workforce  
achievements

Maintain  
connection  
between  
employees /  
families

Educate and  
upskill your  
team

Support your  
community

**Book Amovita Consulting for your Family & Employee Support Program  
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